

Discussion Questions and Case Examples

These are some discussion questions and case examples that you can think about or use when discussing the workshop material with colleagues.

Discussion Questions:

1. What are the most common problems parents/teachers/others report with using time out?
2. When we think about using a time out intervention for children with ADHD, are there any special considerations/modifications that might be important to consider?

Case Examples

1. Courtney is a 4 year-old girl. She is in a preschool setting where she generally gets along with other children during free play. However, during circle time and small group activities, she often becomes aggressive to the point that her teachers send her to the quiet reading area to “cool down” with the classroom aide. The aide will sometimes read her a story until she is ready to rejoin the group or they might play with blocks. Her teachers are upset that four months into the school year, her behavior has not improved.
 - What advice would you have for this teaching team?
2. Santiago is a 5-year old boy who lives with his parents. His mother uses a 5-minute time out when he breaks a house rule. His father sends him to his room for an hour if he fights with his sister, but does not provide consequences for other house rule violations. Both parents think that his behavior is getting worse.
 - What would you recommend?